



## SUNDAY MORNING ADULT LEARNING

Join us on these Sunday mornings for programs led by Rabbi Toba Spitzer, Rabbi Shahar Colt, members of the CDT community, and special guests. Adults, teens, CDT members and the general public welcome!

**When:** Sundays, see below for times  
**Where:** Jewish Community Day School (JCDS)  
57 Stanley Avenue in Watertown, MA

Childcare available for young kids.

See [www.dorsheitzedek.org](http://www.dorsheitzedek.org) for a full schedule of adult learning opportunities, email [info@dorsheitzedek.org](mailto:info@dorsheitzedek.org) or call 617-965-0330.

### Apologizing to Our Children

**Sunday, September 16, 2018, 11:00am-12:00pm**

*with Carla Naumberg*

Join other parents to explore how to approach Yom Kippur and how to do *teshuvah* with your children. CDT member Carla Naumberg has published and speaks widely on mindfulness and parenting.

### Sukkot and Sustainability

**Sunday, September 23, 2018, 10:30-11:45am**

*with Laya Steinberg*

What might the harvest holiday of Sukkot have to teach us about protecting the Earth? What sustainability practices can we commit to in the new year? Come learn with CDT member Laya Steinberg, an educator, children's book author, and force behind the CDT Giving Garden.

### Protecting Trans Rights in MA!

**Sunday, September 30, 2018, 10:30-11:45am**

*with Mimi Micner of Keshet, and CDT members*

Keshet's Advocacy and Campaign Specialist, rabbinical student Mimi Micner, along with CDT members, will present about the Yes on 3! campaign, seeking to protect Massachusetts laws ensuring the rights of transgender people in public spaces. Learn about the issues and how to get involved in this important ballot question.

### Chanukah for Grown-Ups

**Sunday, December 2, 2018, 11:00am-12:00pm**

*with Rabbi Toba Spitzer and Rabbi Shahar Colt*

What meaning does Chanukah hold beyond lighting the menorah and eating latkes? Rabbi Toba and Rabbi Shahar will each lead a workshop on Chanukah themes of light and rededication.

**Turn Page Over For More!**

**Congregation Dorshei Tzedek**

617-965-0330 | [www.dorsheitzedek.org](http://www.dorsheitzedek.org) | [info@dorsheitzedek.org](mailto:info@dorsheitzedek.org)

*Engage your mind, nourish your soul*



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### Teaching our Children About Race and Racism

**Sunday, January 6, 2019, 10:30-11:45am**

*with CDT members*

CDT member leaders will facilitate a workshop on anti-racist parenting for Jewish families.

### Talking to Children about Death and Dying

**Sunday, February 3, 2019, 10:30-11:45am**

Join with CDT parents and an expert facilitator to explore this challenging topic and take home practical tools and best practices for talking with children about death and dying.

### Purim for Grown-Ups

**Sunday, March 3, 2019, 11:00am-12:00pm**

*with Rabbi Toba Spitzer and Rabbi Shahar Colt*

Rabbi Toba and Rabbi Shahar will each lead a workshop in preparation for Purim on themes including the masks we wear, assimilation and resistance, and the value of silliness!

### Talking to Children about God

**Sundays, March 17 & March 24, 2019, 11:00am-12:00pm**

*with Rabbi Toba Spitzer*

In this two session workshop, Rabbi Toba will present about how we teach about God in the CDT religious school and provide opportunities for adults to explore how they relate to the many metaphors for God provided within the Jewish tradition.

### Preparing for Passover

**Sunday, March 24, 2019, 11:00am-12:00pm**

*with Rabbi Shahar Colt*

How do we get more free- literally and metaphorically- this Passover? Join Rabbi Shahar for this text study and exploration of current issues of freedom in the Boston area.

**Turn Page Over For More!**

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